

# LIVING WATERS

A DISTRICT IN THE  
VIRGINIA CONFERENCE OF  
THE UNITED METHODIST CHURCH

EMBRACE EVERYONE. EMPOWER PEOPLE. INSPIRE HEARTS. EMBODY CHRIST.

## PRAISES AND THANKS FROM THE LIVING WATERS

**Independence UMC**, believed to be the oldest, Continually Active Methodist Church in the South, will celebrate it's 240 Anniversary Homecoming.

4438 Independence Church Rd, Emporia, VA 23847

All are invited to celebrate with us on this glorious occasion; Rev Jeaux Simmons will bring the message.

In the tradition of Homecomings, a Love Feast will follow the service.

**June 4th, 2023, 11:00 AM**

## Youth Events



Keep up with our Youth!!!!

Please follow our District Youth on  
Facebook and Instagram!!!

<https://www.facebook.com/profile.php?id=100090003901968>

[https://www.instagram.com/lw\\_umc\\_districtyouth/](https://www.instagram.com/lw_umc_districtyouth/)

For questions or information please contact Karen Bowen or Katie O'Kennon at [lwdistrictyouth@gmail.com](mailto:lwdistrictyouth@gmail.com).



HIGHLAND SUPPORT PROJECT  
WITH  
THE PACE CENTER AT VCU

### Young Adult Trip

Santa Catarina, Guatemala

- Stove Building
- Maya Arts Program-  
working with indigenous  
schools
- Coffee Coop Tour
- Fellowship with young  
adults outside your  
congregation

**\$1300 not including airfare**

**June 24-July 1  
2023**

Email [hello@highlandpartners.org](mailto:hello@highlandpartners.org)  
to sign up!

## HIGHLAND SUPPORT PROJECT

A Richmond based Advance Special of the UMC. We have partnered with indigenous communities for over 30 years to facilitate cross cultural exchange and transformational development alongside the Pace Center at VCU. We are putting together a young adult mission trip for high school and college students in Virginia to Guatemala this summer. The cost of the trip is \$1,300, not including airfare. For additional information, contact Rebecca Andrews.

**Rebecca Andrews**

**Highland Support Project**

(804) 796-0689

[highlandsupportproject.org](http://highlandsupportproject.org)

[rebecca@highlandsupportproject.org](mailto:rebecca@highlandsupportproject.org)



Go ahead and mark your calendars to come mentor with us next summer at All God's Children Camp. Below are the dates. Please email Lori Smith at [agcc@vaumc.org](mailto:agcc@vaumc.org) for more information.

Camp Chanco-June 18-23

Camp OOTB-August 6-11

Camp Chanco August 13-18

Lori Smith, Coordinator  
All God's Children Camp  
P.O. Box 8506  
Glen Allen, VA 23058

## Mentors needed for summer camps

All God's Children Camp is looking for mentors this summer. There are three opportunities to serve: June 18-23, August 6-11, and August 13-18. This is a wonderful opportunity to serve locally. Also, this is a great mission trip for youth groups and other small groups and it's free. Please contact Camp Coordinator **Lori Smith** for more information. A ministry of the Virginia Annual Conference, All God's Children Camp is a weeklong overnight camp for children ages 7 to 12, with an incarcerated parent. Campers have an opportunity to participate in all the physical activities the camp has to offer such as boating, swimming, hiking, archery, music, crafts, and Bible study, along with a conflict resolution/self-esteem-building class. **Learn more...**

For more information, check the website at [www.vaumc.org/agcc/](http://www.vaumc.org/agcc/) or contact Lori Smith [agcc@vaumc.org](mailto:agcc@vaumc.org)

# Missions and Ministry

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## UMVIM Cuba Trip

MaryKaye & Larry Cochran will be leading a United Methodist Volunteers in Missions team to Cuba in August. Three Notch'd District Superintendent Rev. Hyo Lee will be joining us along with District Associate Lay Leader Susan Custer. The tentative dates are August 26 to September 4, 2023. This will be a construction team but will also include times of worship and relationship building. No construction skills are necessary. We have been a number of times and have found the faith of the people of the Methodist Church to be inspiring and life changing for us. We have experienced the presence of the Holy Spirit in a mighty way while worshipping with the church in Cuba.

The cost will be \$1,700.00 which includes everything. A \$100.00 deposit should be sent in with the application. This would be part of the \$1,700.00. Checks should be written to Belmont UMC with Cuba in the memo. I have attached a copy of the application. The application along with the check should be mailed to: Larry Cochran, 14503 Bent Creek Court, Midlothian, VA 23112. We are receiving applications now for the trip and hope to finalize the team by the end of March.

I have attached a Facebook video of a youth gathering at Camp Canaan. The camp is where gatherings of the church are held including Annual Conference.

Please contact Larry Cochran with any questions you may have about the trip or if you would like an application, at (804) 516-9195.

<https://www.facebook.com/watch/?v=566459891779907>

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**Mt.Carmel/Phenix  
mission team cooked 3  
big pots of stew last  
Saturday, April 8, to  
raise money for  
missions. We were sold  
out before noon.**





Mt. Carmel- Phenix U.M.C. missions team went to Gleaning for the World in Concord, VA this past Thursday, April 13. They loaded 5 pickup trucks and a trailer with a variety of items; laundry detergent, socks, stocking hats, gloves, canned food, toilet paper, cereal and various toys to be distributed in 7 counties and some for future missions. Families and individuals were so thankful to receive these items used on a daily basis. So many lack the funds to purchase necessities that we so often take for granted. We are so thankful to Gleaning for the World for giving us this wonderful opportunity to share and be a part of going out as the hands and feet of Jesus through their generosity.



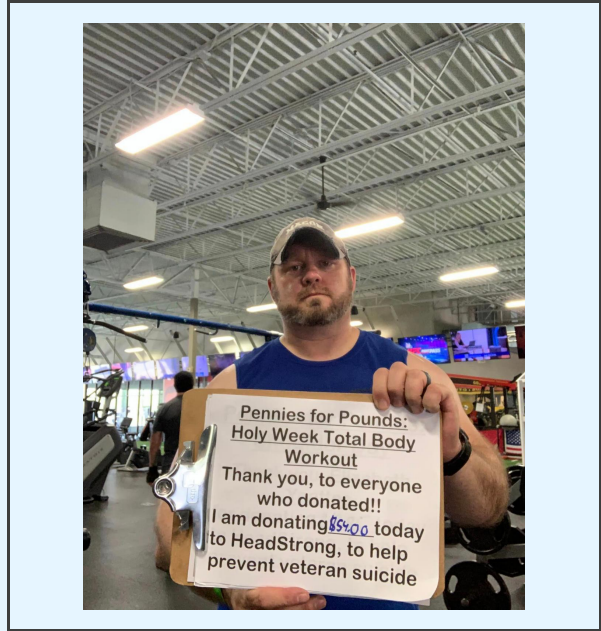
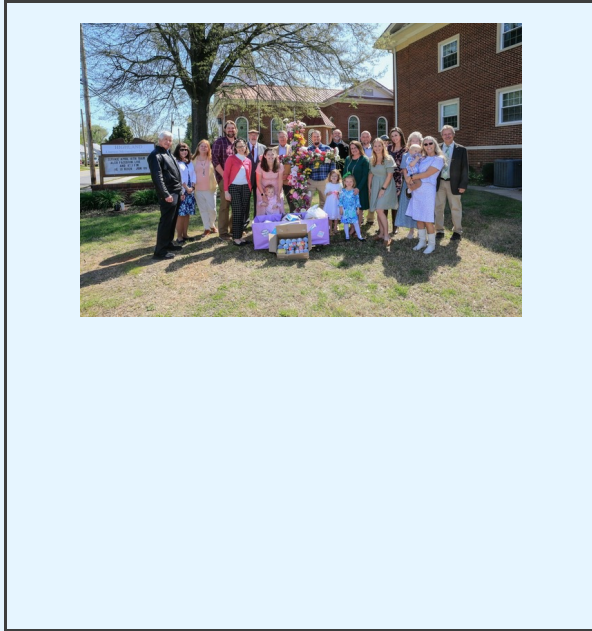
## Highland UMC- Colonial Heights

40 Pounds for 40 Days

In addition to their own individual Lenten practices, the congregation of Highland UMC-Colonial Heights, GAVE instead of GIVING UP for Lent. Highland's Revitalization Team and Missions Committee challenged our church families, friend groups, individuals, and small groups to donate 1 pound of food or \$1 for each of the 40 days of Lent. During Children's Church on the first Sunday of Lent, the children learned about the importance of sharing and Jesus' call for us to feed the hungry while decorating the collection box. They then placed the first 10 pounds of food into the box. In all \$820 and 240 pounds of

food was collected and given to the Colonial Heights Food Pantry. (Attached is our photo)

Also, during this Lenten season, Pastor Mike Tolbert decided to focus on self-care that also lifted up aid for his fellow veterans. With volunteer sponsors from his two-point charge, Smith's and Oak Grove, and the support of others in the Living Waters District, Mike raised "pennies for pounds." Every pound lifted in his workout regiment gained a penny towards suicide prevention for his fellow veterans, a group called Head Strong. In total, Pastor Mike lifted 8,570, raising 857 dollars. We are thankful for Pastor Mike's leadership in raising awareness for our veterans and creating a new way to support them locally.



## UMVIM Virginia Teams: photo request

***Mission team photos needed for Annual Conference!***

If your church or district has fielded a mission team, we want your digital pictures! We are looking for variety: regional, national, international, construction, medical mission, Christian ministry, cultural and community engagement - teams of all sizes and purposes are urged to participate.

To be responsive, please observe the following:

- Send ONLY up to 6 pictures per team.
- Choose the best and *most representative pictures of your work and the community served.*
- Please send no more than one group photo of your team. One.
  - Include the name of the team leader.
  - List the church (or churches) that participated.
- Include name and location of the community you served.

Here are some prompts for pictures:

- Did you worship in the community you served?
- Did you share a meal or activity with your host community/family?
- Is there a last day or final photo of a construction site or VBS class?
- If you served a variety of patients, projects or clients, is that visible in what you share?

Send your photo responses to Terri Morgan at [tlynmorgan@icloud.com](mailto:tlynmorgan@icloud.com) **and see them displayed for others to see at Annual Conference!**



**May 23rd, 2023**

**Email: [TerriRosser@vaumc.org](mailto:TerriRosser@vaumc.org)**

Living Waters District UMC | [TishBorden@vaumc.org](mailto:TishBorden@vaumc.org) | 804.732.2538  
Area Bishop: Rev. Sue Hauptert-Johnson  
District Superintendent: Rev. Jay Carey  
Director of Church Vision & Vitality: Rev. Tim Beck  
Administrative Assistant: Leticia Borden  
Office Support: Phyllis Goin & Thelma Watts  
Communications Coordinator: Terri Rosser  
Lay Leaders: Keith Jordan, Geraldine Sanderson  
Treasurers: Kay Mims, Jennifer Honeycutt

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